



# Instructions for Accessing your Bree Health Coaching Session

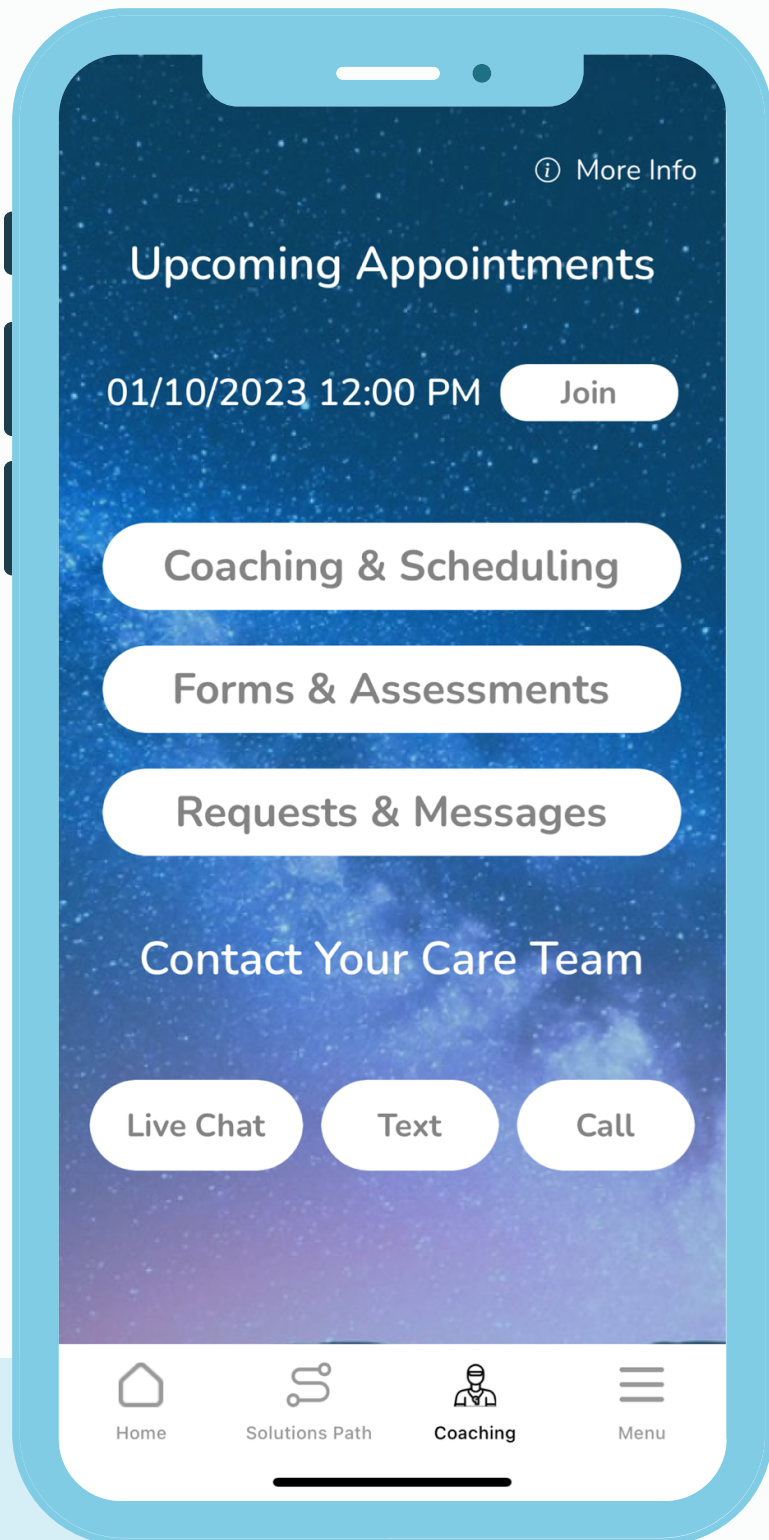
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For Mobile Devices



Download the app!





# At least one day before your session

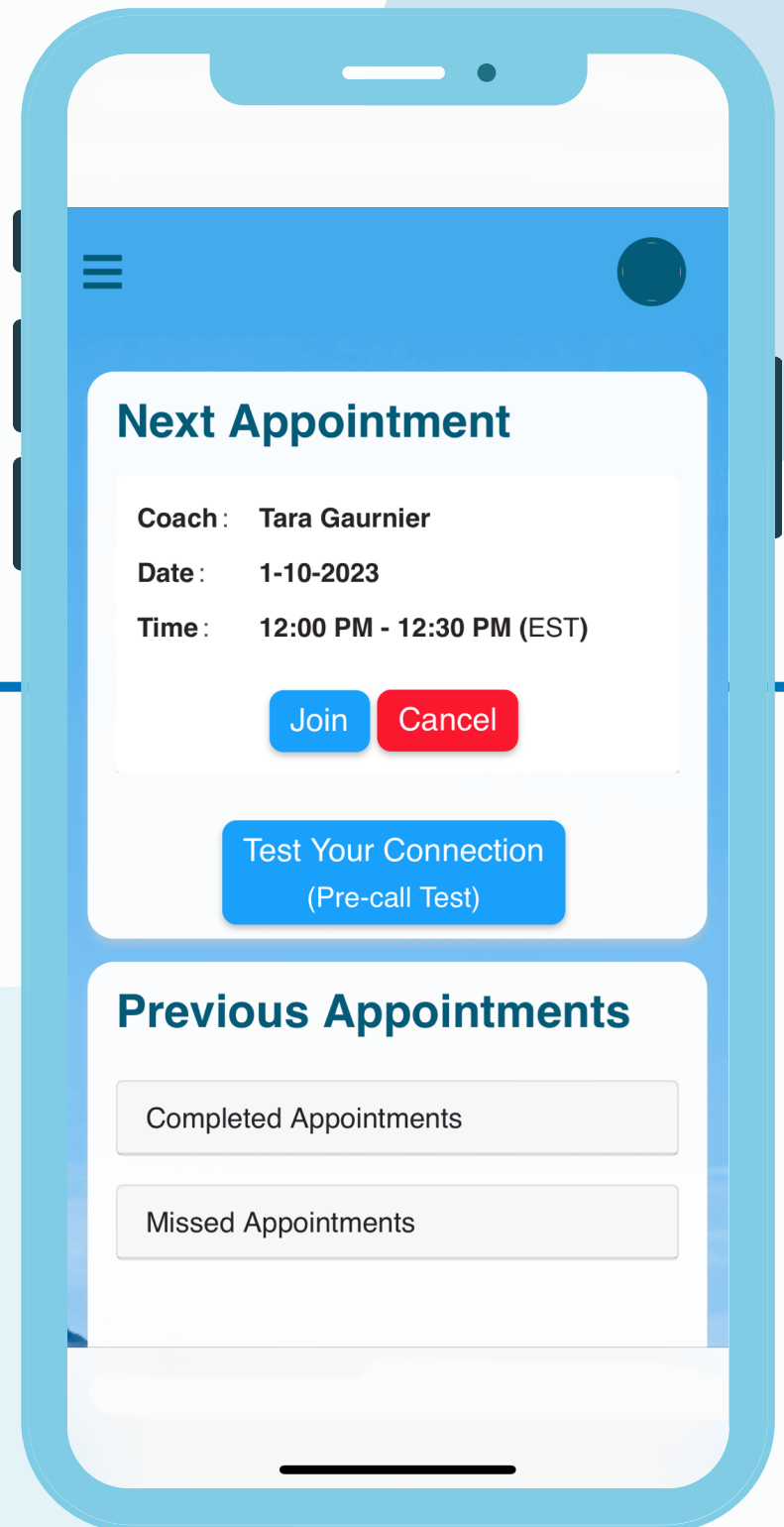
1

- Download the **NexGen EAP** app from the App Store (iPhones) or Play Store (Androids)
- Login using the email address and password you registered with or were provided by your care team
- Tap the Coaching & Counseling menu
- Tap Forms & Assessments
- Complete the **Service Acknowledgement** and **Clinical Intake** Form

# 10 minutes before your session

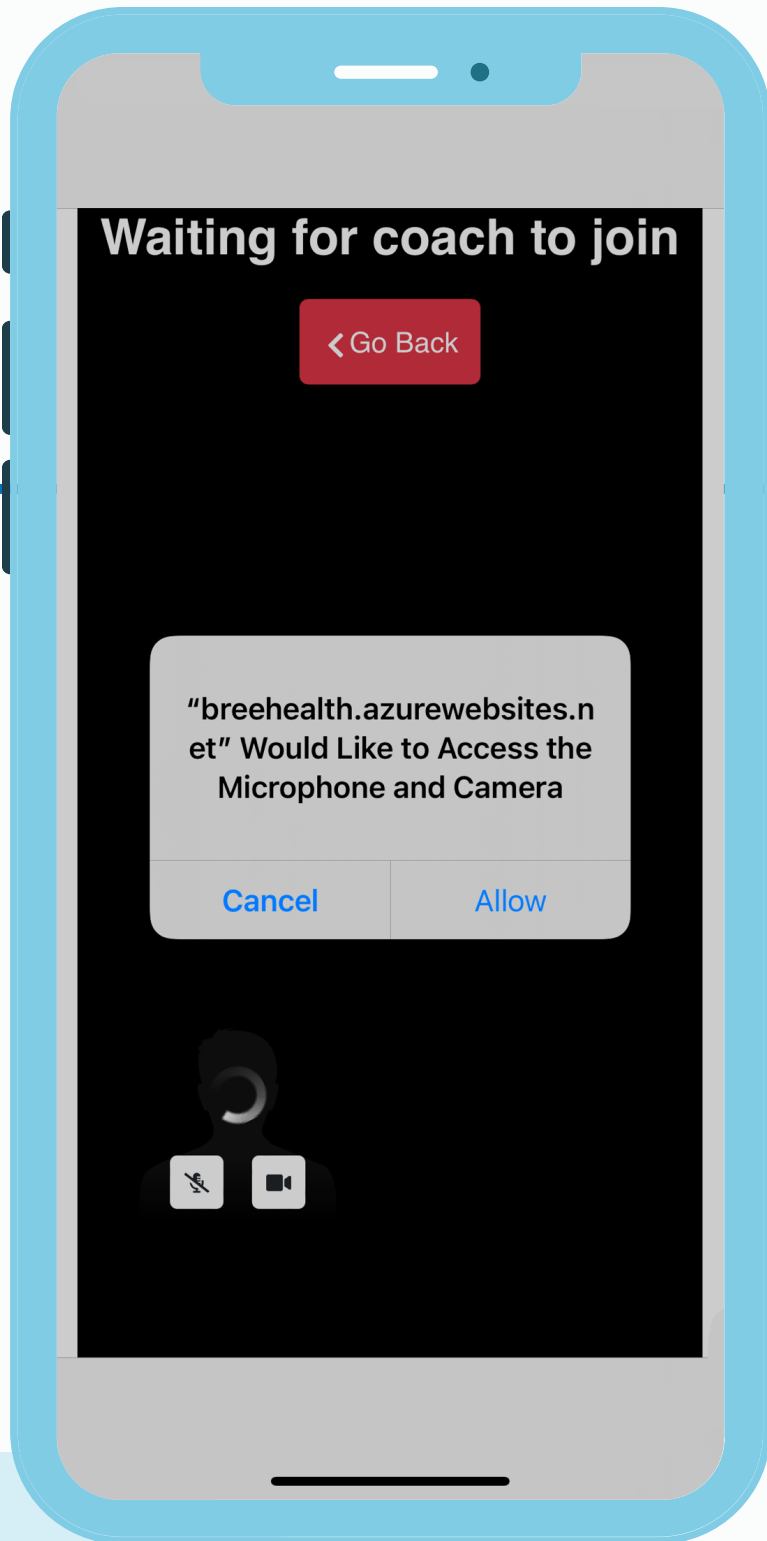
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- Open the **NexGen EAP** app
- Tap the Coaching & Counseling menu
- Tap Join
- Tap the phone or video icon depending on your session type
- Your session will open in a new window



# Technical Tips

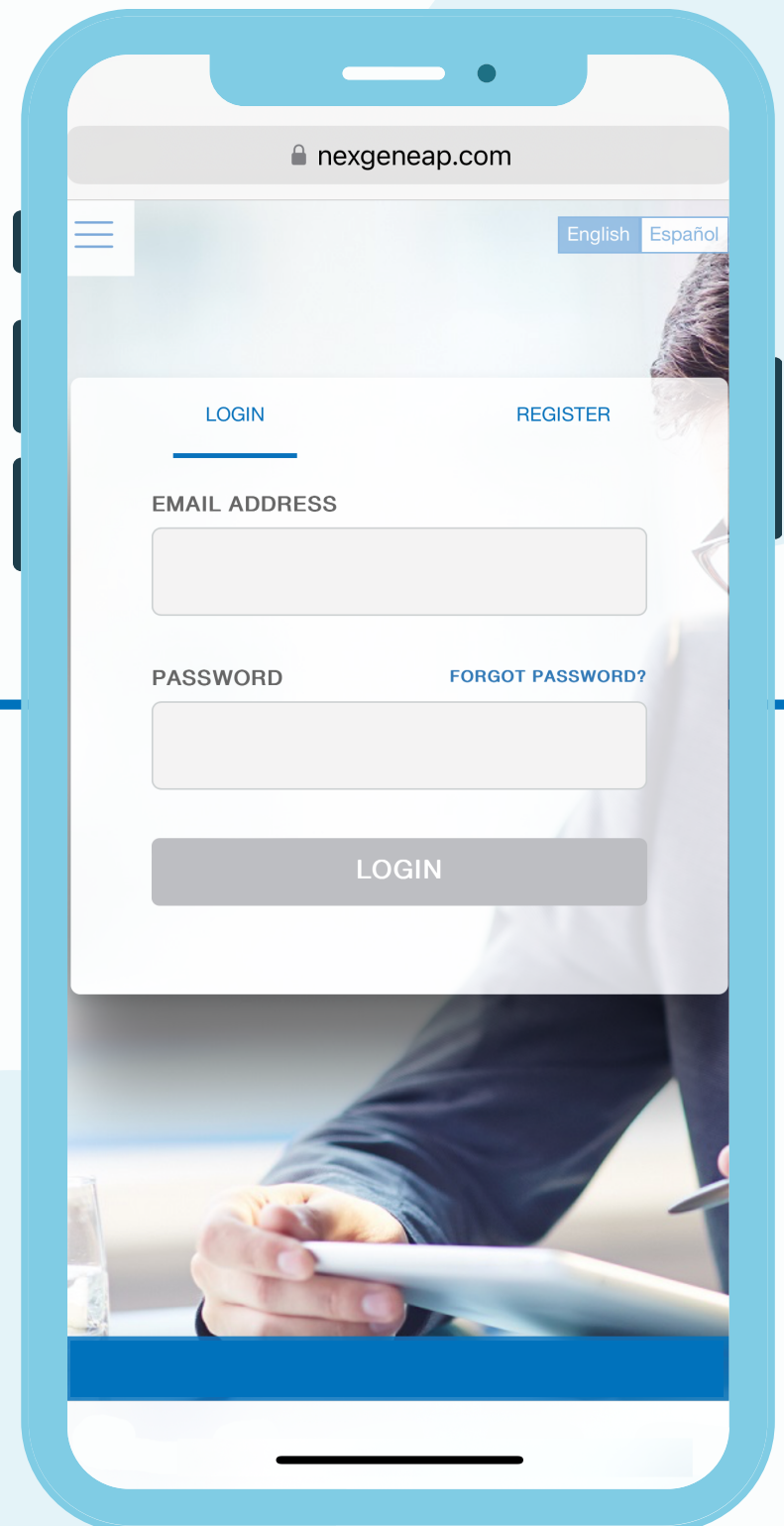
## 3



- It is important to complete your forms ahead of time so you can jump right into your appointment with your provider
- Test your cellular or WiFi connection prior to your appointment
- Remain in one place for the duration of your appointment to ensure your connection remains strong
- Ensure your app is always up to date by turning on automatic updates in your device settings or by manually updating the app prior to your appointment
- If asked to allow camera and microphone access, please choose "Allow"

# Technical Tips Continued

- You will not be able to join your session more than 10 minutes in advance of the appointment time
- If you will be using your mobile device but prefer to use a web browser rather than download the app, follow the steps for computers and laptops





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**1.888.256.8070**

If you are experiencing any issues, please reference the troubleshooting guide or contact your care team.



Download the app!

