



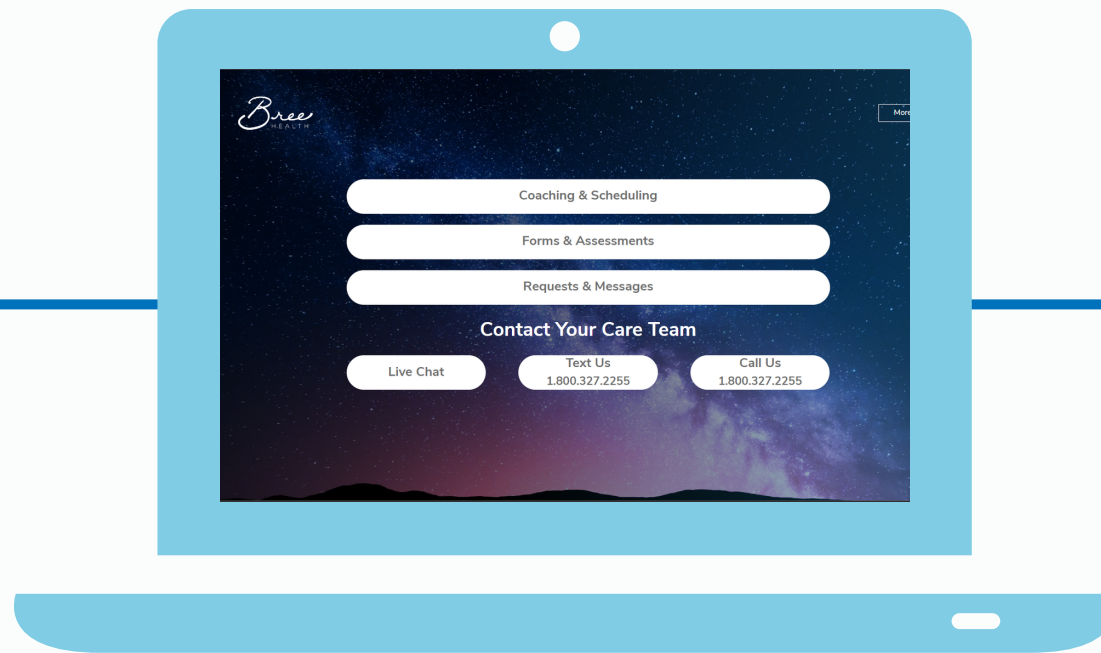
Instructions for Accessing your Bree Health Coaching Session

For Desktop
Computers and
Laptops



At least one day before your session

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- Visit www.nexgeneap.com
- Login using the email address and password you registered with or were provided by your care team
- Click the Coaching & Counseling button
- Select Forms & Assessments
- Complete the **Service Acknowledgement** and **Clinical Intake** Form

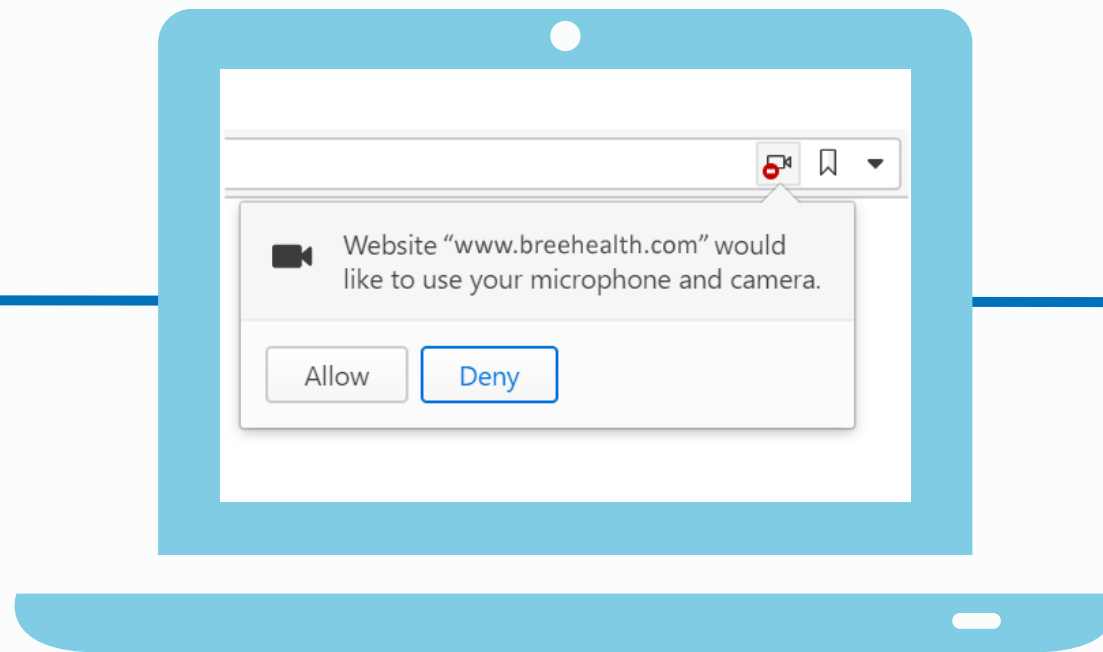
10 minutes before your session



- Visit www.nexgeneap.com
- Login using the same email address and password
- Click the Coaching & Counseling button
- Click Join
- Click the phone or video icon depending on your session type
- Your session will open in a new window

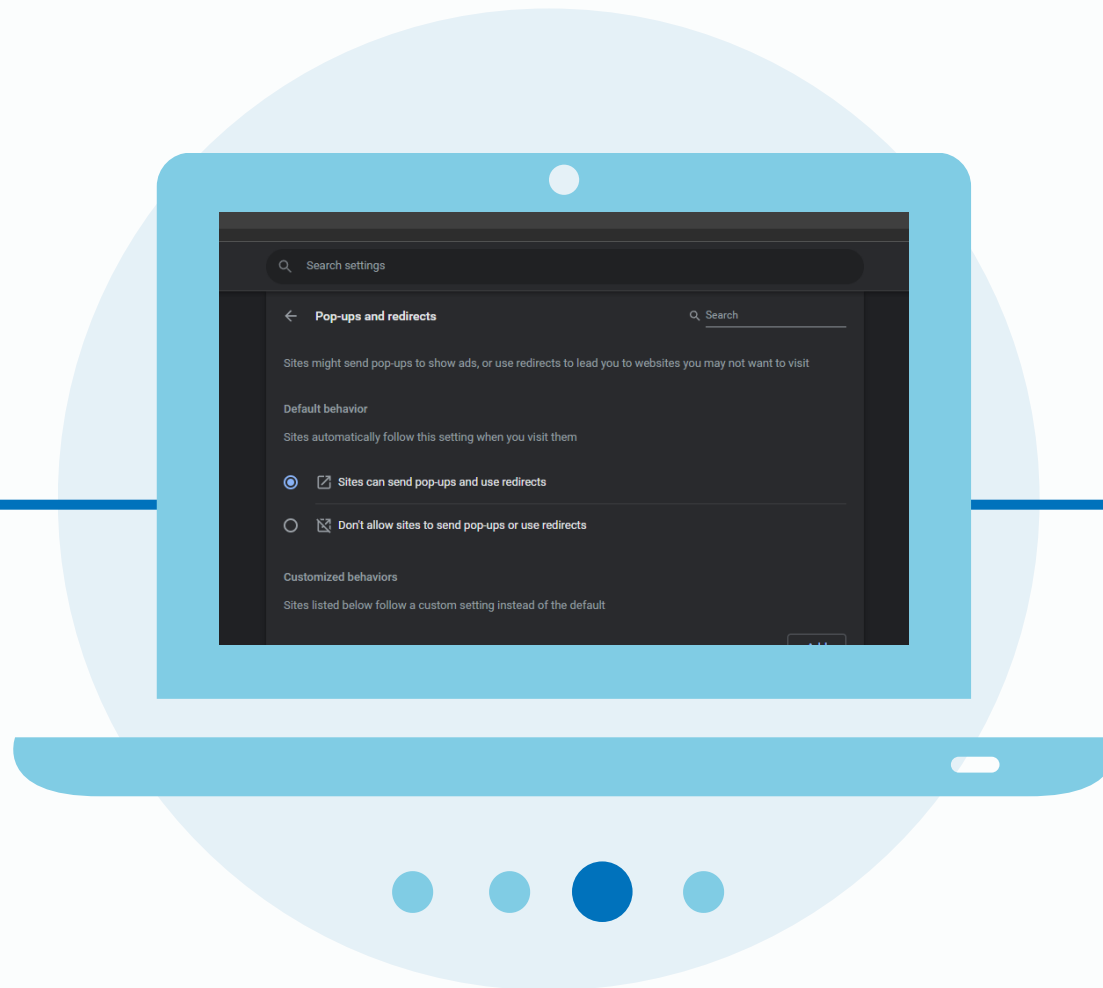
Technical Tips

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- It is important to complete your forms ahead of time so you can jump right into your appointment with your provider
- Test your internet connection prior to your appointment
- Test your microphone, webcam, and speakers prior to your appointment
- When your web browser asks for permission to access your microphone and webcam, click to Allow access

Technical Tips Continued



- Remain in one place for the duration of your appointment to ensure your connection remains strong
- If your session does not open after clicking the phone or video icon, check to ensure your popup blockers are turned off
- You will not be able to join your session more than 10 minutes in advance of the appointment time



1.888.256.8070

If you are experiencing any issues,
please reference the troubleshooting
guide or contact your care team.