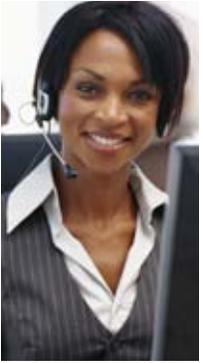




BalanceWorks[®] Newsletter

Special Edition | Written by the work/life experts at eni



Special
Edition!

Storm Preparation

Adequately preparing for a storm will help keep you and your family safe. Use the tips and information below to prepare yourself and your home in the event that a storm strikes.

Before a Storm Strikes

Program your cell phone with emergency contact information.

Familiarize yourself with how to report a power outage.

Learn how to manually open and close any garage door, security door or gate that is electronically operated.

Stay informed! The National Weather Service issues outlooks, watches, warnings and advisories for all weather hazards. Here's what they mean and what to do. Use the following information to make an informed decision on your risk and what actions should be taken. Remember to listen to your local officials' recommendations and to listen to the NOAA Weather Radio for the latest storm information.

OUTLOOK: Storm conditions are possible in the next 2-5 days. Stay tuned to local media for updates.

WATCH: Storm conditions are possible within the next 36-48 hours. Prepare now!

WARNING: Life-threatening severe conditions have begun or will begin within 24 hours. Act now!

ADVISORY: Weather conditions are expected to cause significant inconveniences and may be hazardous. If you are cautious, these situations should not be life threatening.

When a Storm is Approaching

Stay up-to-date on changing weather conditions.

Know what the various weather advisories mean and when you should begin your storm preparations.

Public transportation such as planes, trains, taxis, etc may be unavailable during storm conditions, so plan accordingly. You can use:

For more information or support on storm preparedness, contact the work/life experts at BalanceWorks[®] by calling:

1.800.327.2255

eni's BalanceWorks[®] program is a confidential 24/7 service provided by your employer to help achieve work/life





flightaware.com to check on the status of any upcoming flights.

Make sure your cell phone is fully charged.

If you have a portable computer with a way to access the Internet when there's a power outage, make sure that it, too, has a full charge.

Remember, if the battery in your cell phone dies down before your power is back up, with the proper accessory, you can recharge it from your car's 12 volt power outlet.

Set refrigerator and freezer controls to coldest settings. If there's a power outage, the food will be colder and last longer. Remember to keep the doors shut during the outage and to reset the controls when power is restored.

Gather rags and towels and use them to stuff in the cracks under doors, just in case the power goes out and you need to preserve heat.

Fill your car's gas tank. It could become necessary for you to evacuate and travel to a safer location. Gas stations may be without power, too.

Get cash. ATMs and credit card readers could be out of service if power or telecommunications lines are down.

Fill your bathtub with water. If you have well water, the electronically powered pump will not operate and you'll need the water from the tub to flush toilets. (Take necessary precautions with small children!)

Plan how you will feed your family.

Without power, it may be difficult to prepare meals at home. If outages are widespread, or travel is dangerous, restaurants may not be available. If you have an outdoor gas grill, make sure you have a sufficient fuel supply.

Plan for alternate lodging. Without power in the winter, you may not be able to heat your house sufficiently to stay warm.

Gather the Following Items:

Flashlights

Battery or hand crank-powered radio

Extra batteries

Hard-wired or fully charged cell phone – If the base station of your cordless phone plugs into the wall, your phone will be unusable during a power outage

Containers of drinking water, especially if your water comes from a well

Non-perishable food – Check freshness dates and replace if necessary

Manual can opener

Paper plates and plastic utensils

Stay Safe!

For more information about **storm preparedness** contact the work/life experts at BalanceWorks[®] by calling

1.800.327.2255

eni's BalanceWorks[®] program is a confidential 24/7 service provided by your employer to help achieve work/life balance.